



Welcome

Welcome to The Stag Inn, as you will see in the following pages, we try to offer a diverse menu to suit all tastes; from traditional local and English cuisine to more diverse recipes with a touch of originality.

Your main course will be served with a choice of either; potatoes and fresh seasonal vegetables, home-fried real chips and garnish or jacket potato. (Unless otherwise indicated).

All our meat, poultry, fish, vegetables and potatoes are sourced from local butchers and suppliers; examples of this being our Lakeland beef and steak, and our award winning Cumberland sausage.

All our dishes are freshly made on the premises and cooked to order, as are our soups and sauces – you will find no ‘ready-made’ meals here, we leave that to others! Several of our main courses are also offered in smaller portions as indicated by an  icon

We also offer a variety of ‘Chef’s Specials’ which are rotated on a weekly basis. These are often a sounding board for new ideas, or can reflect a special occasion such as a ‘Saint’s Day’.

A selection of vegetarian meals are also available and, in compliance with the latest guidelines, a menu showing all allergens present in our dishes.

On behalf of the team at The Stag Inn, let me extend a very warm welcome and hope you enjoy your experience with us.

Roger C. Brown

For reservations and enquiries, please telephone 01900 812549





Appetisers

Soup of the Day A choice of at least two home-made soups served with a crusty roll.	£4.40
Garlic Bread Slices of french bread with either marguerita, green pesto or spicy cheese toppings.	£4.10
Smoked Salmon Paté Home-made poached and smoked salmon paté, served with salad leaves and wholemeal toast.	£5.40
Garlic Mushrooms & Blue Stilton Pan fried button mushrooms in a creamy garlic sauce, topped with sizzling stilton cheese and served with toasted ciabatta bread.	£5.45
Whitebait Deep fried whitebait, served with salad leaves and a lemon mayonnaise	£5.85
Black Pudding Medallions Deep fried in our chef's own beer batter and served with our whisky and apple sauce.	£5.55
Smoked Salmon and Asparagus Asparagus spears wrapped in smoked salmon, with salad leaves and a caper butter.	£6.10
Breaded Brie Wedges Deep fried in a home-made rosemary and parmesan crumb, served with salad leaves and Cumberland sauce.	£5.10
Shrimp and Crayfish Cocktail Served with a marie rose sauce, salad leaves and wholemeal bread.	£6.20





Main Courses

Crispy Salmon Fillet	£12.50
Prime Salmon covered in breadcrumbs and served with a cherry tomato and anchovy sauce.	
Chicken and Leek Stroganoff	£10.55 (SP)
Strips of chicken in a creamy mustard and brandy sauce with mushrooms and leeks.	
Sea Bass	£12.95
Two pan fried fillets served with Italian salsa.	
Cumberland Horseshoe	£10.45 (SP)
Award winning local Cumberland sausage served with mushrooms, tomato, onion rings and a fried egg.	
Camembert Chicken with Port and Cranberry Sauce	£10.75
Pan fried chicken fillet, stuffed with French cheese & served with our chef's sauce.	
Fish and Chips	£11.50 (SP)
Prime fillet of cod in our home-made beer batter and served with mushy peas.	
Gammon	£9.95 (SP)
A 10oz gammon steak served with two fried eggs or two slices of pineapple and grilled tomato.	
Lasagne	£9.95 (SP)
Chef's home-made traditional lasagne served with garlic bread.	
Wholetail Breaded Scampi	£11.25 (SP)
Deep fried in golden bread crumbs with garden peas and salad garnish.	
The Stag Duo	£10.95
Our award winning Cumberland sausage and gammon steak served with fried egg, mushrooms, grilled tomato and onion rings.	

SERVED WITH POTATOES AND SEASONAL VEGETABLES,
REAL CHIPS OR JACKET POTATO. (Unless otherwise stated)

Please check Special's Board for further options.
Vegetarian dishes are available on request.





The Inn Keepers Specials

Roast Lamb Stuffed with Haggis £12.55

On a bed of roasted parsnips served with a creamy whisky sauce.

Cumberland Pork Platter £11.90

Pan fried pork loin served on a Cumberland sausage and black pudding pate topped with a Calvados sauce.

Steak and Ale Pie £9.90 (SP)

Tender chunks of steak in rich real ale gravy in a short crust pastry.

Shrimp Pernod £12.95

Shrimps in a creamy pernod sauce served on a bed of tagliatelle.

The Stag Grill

Steak on Toast £17.45

6oz fillet steak with caramelised onions on a toasted Ciabatta

The Stag Burger £9.80

Home-made 1/2lb beef burger topped with cheese, served in a seeded bun and accompanied by onion rings and burger relish.

Surf and Turf £19.95

8oz Sirloin steak and skewers of succulent king prawns and cherry tomatoes with grilled tomatoes, mushrooms and onion rings.

The Stag Feast £21.50

4oz sirloin steak, Cumberland sausage, gammon, pork chop, black pudding, fried egg, mushrooms, tomato and onion rings with BBQ and garlic dips.

Steaks

Prime Lakeland steak, pan fried to your liking and served with mushrooms, grilled tomatoes and battered onion rings.

8oz Sirloin £14.55 12oz Sirloin £17.95 16oz T Bone £22.95

Compliment your steak with one of our home made sauces.

Roquefort, Chasseur, Brandy and Pepper, traditional Diane, Garlic Mushroom, Hot Chilli or Anchovy. **Extra £2.00**

SERVED WITH REAL CHIPS, POTATOES AND SEASONAL VEGETABLES,
 OR JACKET POTATO.





Healthy Options

Tuna and Asparagus with Anchovy Sauce £11.25
Griddled tuna steak and fresh asparagus spears, served with new potatoes.

Linguini with Tiger Prawns £11.95
Infused with chilli and white wine

Chicken Jambalaya £9.50
Oven roasted chicken cooked with chorizo sausage, prawns, onions, peppers and rice with a hint of cajun spice.

Fillet of Salmon £11.25
Poached salmon in our chef's cucumber, dill and creme fresh sauce. served with couscous.

Salad Platters

Sliced Sirloin with Rocket and Parmesan £11.95
Thinly sliced steak served with a rocket salad and shavings of parmesan, finished with a balsamic dressing.

Cumbrian Cheese and Fruit £9.95
A selection of local cheeses, fruit and a crisp salad. Served with ciabatta bread.

Smoked Chicken and Caesar £10.95
Smoked chicken and bacon with parmesan shavings, anchovies and croutons. Served on a crispy salad with ceasar dressing.

Fruit de Mer £11.95
Poached and smoked salmon, crab, shrimp, rolled mop herring, cockles and mussels. Served with a crisp salad and marie rose sauce.

Meat Feast £10.95
A selection of home cooked meats with egg, tomato, coleslaw and a crisp salad.

Home cooked real chips - £2.50
Home made onion rings - £2.00





Childrens Menu

Choose from

All £4.99

Lasagne with garlic bread
Bangers and mash
Chicken dippers
Scampi
Beef or Cheese Burger
Chicken jambalaya with garlic bread
Mini cod fillet in batter
Pasta with a tomato and bacon sauce and garlic bread

All above served with chips and beans or peas and sweetcorn unless stated otherwise.

Children's Deserts

Jelly with ice cream or custard £2.00
Trio of ice cream £2.00
Mini: Triple choc brownie
Banoffee Pie
Cheese cake
Lakeland gingerbread
Strawberry Eton mess
Sticky toffee pudding
Raspberry pavlova

All £2.95





Home Made Desserts

Triple Chocolate Brownie
Westmorland Three Decker
Blueberry and Apricot Crostata
Banoffee Pie
Cheesecake
Jam Roly Poly
Lakeland Gingerbread
Strawberry Eton Mess
Sticky Toffee Pudding
Raspberry Pavlova

All above served with custard, cream or ice-cream

All £4.95

Knicker Bocker Glory	£4.75
Trio of Lakes Ice Creams (Flavours on request)	£4.20
The Stag Cheese Board	£5.95
A selection of three cumbrian cheeses with blue stilton and french brie.	

Coffee and Mints

Freshly Filtered Coffee	£2.50
Irish	£4.95
Liqueur	£4.95
Pot of Tea	£2.00





As well as our extensive A' la Carte menu, we also offer a separate Bar Lunch menu, as well as our renowned Traditional and Alternative Sunday Lunch specials. The Stag also features regular special menus for such occasions as Burn's Night, St. Valentine's Day, St. George's Day, St. Patrick's Day, and of course Christmas Day and New Year's Eve.

In addition, we can cater for any occasion, large or small, either in the restaurant, our private meeting/dining room or the Owl's Barn function room. We offer a range of buffet and party menus to suite all occasions and budgets, or we can design one tailor made to your specific requirements.

Your satisfaction is our pleasure

The Stag Inn

The 'Owl's Barn' Function Room

Private Meeting/Dining Room

Beer Garden

Car Park

Covered Smoking Area

Disabled Persons Access

Live Entertainment Weekly

Bingo Night

Quiz Night

Games Night

Free Wi-Fi

Live Big Screen Sport



Traditional Sunday Lunch Menu

Appetisers

- Homemade Soup of the Day £4.40**
- Garlic Bread £4.10**
- Whitebait £5.85**
- Breaded Brie Wedges £5.10**
- Home-made Smoked Salmon Paté £5.40**

Main Courses

Roast Beef and Yorkshire Pudding

Matured Cumbrian Topside

Roast Pork with Apple Sauce

Leg Of English Pork

Roast Lamb with Mint Sauce

Leg Of Cumbrian Lamb

Roast Hot Ham Cumberland Style

Local ham with Cumberland sauce

Roast Chicken and Stuffing

Local Free Range Chicken

All £8.55

3 Meat Roast : Selection of any 3 roasts for only £1 extra

Children's Portion £6.95

All served with roast and mashed potatoes
and a selection of seasonal vegetables.

Homemade Desserts

Westmorland Triple Decker | Triple Chocolate Brownie
Strawberry Eton Mess | Banoffee Pie | Lakeland Gingerbread
Sticky Toffee Pudding | Blueberry and Apricot Crostata
Jam Roly Poly | Raspberry Pavlova

All £4.95

Three Course Sunday Lunch

£16.95

(Add £1 for 3 Meat Roast)

Vegetarian menu available on request

Alternative Sunday Lunch Menu

Crispy Salmon Fillet Prime Salmon covered in breadcrumbs and served with a cherry tomato and anchovy sauce	£12.50
Chicken and Leek Stroganoff Strips of chicken breast with leeks, in a creamy white wine sauce and mushroom sauce.	£10.55
Fish and Chips Prime fillet of cod in our home-made beer batter and served with mushy peas.	£11.50
Camembert Chicken with Port and Cranberry Sauce Pan fried chicken fillet, stuffed with French cheese and finished with our chef's sauce.	£10.75
Linguini with Tiger Prawns and Rocket Served with garlic bread.	£11.95
The Stag Duo Our award winning local Cumberland sausage and gammon steak served with fried egg, mushroom, grilled tomato and onion rings.	£10.95
Sea Bass Two pan fried fillets served with Italian salsa.	£12.95
Giant Yorkshire Pudding Served with Cumberland Sausage or Roast Beef and Gravy.	£9.75
Wholetail Breaded Scampi Deep fried tender whole tail scampi in golden bread crumbs.	£11.25
Steak and Ale Pie Tender chunks of steak in rich traditional ale gravy in a short crust pastry.	£9.90

All of the above served with chips, potatoes and seasonal vegetables or jacket potato
(Unless otherwise stated)

A selection of salad platters are available on request.



Bar Lunch Supplement Main Courses

Full English Brunch Cumberland sausage, back bacon, black pudding, fried egg, mushrooms, tomato and hash browns.	£6.25
Shrimp Po Boys Breaded shrimps in a cayenne pepper crumb, deep fried and served in a baguette with crisp lettuce and mayonnaise.	£7.95
Cumberland Style Baked Ham Two thick slices of slowly baked ham finished with a mustard glaze. Served with a crisp salad and coleslaw.	£6.50
Chicken Kebab Marinated pieces of chicken skewers served with a pitta bread salad and our chef's hot chilli sauce.	£6.95
Chilli con Carni Served on a bed of rice with a side order of cheesy nachos.	£7.95
Tagliatelle with Fennel Prawns Creamt tagliatelle with fennel and tiger prawns served with garlic bread.	£8.25
Chicken Fajitas Strips of chicken, peppers and onions marinated in fajita spices served with tortilla wraps, sour cream and guacamole dips.	£6.95
Scrambled Eggs on Ciabatta Local free range eggs with grated parmesan or chopped fresh chilli. Served with home made coleslaw and salad garnish.	£5.95
Home Made Toad in the Hole Home made Yorkshire pudding enclosing Cumberland sausage. Served with onion gravy, peas and mash.	£6.70
Bangers and Mash Three prime pork sausages served with a mound of creamy mash and onion gravy.	£6.85

Home cooked real chips - £2.50 | Home made onion rings - £2.00

Hot Otties

Cumberland sausage and onions	£6.80
Tuna and cheese melt	£6.25
Steak and onions	£7.95
Bacon, brie and cranberry	£6.45
Hot beef and onion	£7.10
Chicken, peppers and onions	£6.95

Omelettes

Choose any one of the following from list 1 or 2 to make your perfect omelette:

1. Cheese, mushroom, peppers, tomato and basil, onion or pineapple	£5.45
2. Tuna, ham, shrimp, anchovies, chorizo or salmon	£6.55
Or combine one from each list	£6.95

Baked Potatoes

Tuna and cheese melt	£6.25
Cream cheese and smoked salmon	£6.55
Prawn Marie Rose	£6.65
Farm house cheddar	£6.25
Bacon and stilton	£6.45

Sandwiches

Filling	Sandwich or Bagel	Baguette or Pitta
Cumberland style slow roasted ham	£5.20	£5.75
Topside of beef	£5.20	£5.75
Chicken and mayonnaise	£4.90	£5.45
Farmhouse cheddar and chutney	£4.60	£4.95
Prawn Marie Rose	£6.10	£6.60
Smoked salmon and cream cheese	£6.25	£6.75

All of the above served with homemade coleslaw and salad garnish